

Memorial Anteunis 25: Session: 1: COACH evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 Relay line-up input: The listed starttimes are indicative!

Coaches: Courier Erik HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:5, starttime: 09:05
Heat: 5/11 Lane : 3 Athlete: CROISIAU MARIE-LISE			Q-time: 00:43:68
PB (25m pool): 00:43.68 Kapellen 03/11/2024			PB (50m pool): 00:45.00 SB: no time
	2 5 M	5 0 M	
PB		00:43.68	
	00:43.68		
			

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:5, starttime: 09:19
Heat: 5/8 Lane : 7 Athlete: KERSTENS BAVO			Q-time: 00:37:84
PB (25m pool): 00:37.84 Diksmuide 17/11/2024			PB (50m pool): 00:37.59 SB: no time
	2 5 M	5 0 M	
PB		00:37.84	
	00:37.84		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:9, starttime: 09:32
Heat: 9/18 Lane : 8 Athlete: VAN DEN BOSCH ELISE			Q-time: 00:32:12
PB (25m pool): 00:32.12 Hoogstraten 29/09/2024			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:32.12	
	00:32.12		
			

Coach feedback:

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Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:16, starttime: 09:39
Heat: 16/18 Lane : 5 Athlete: VAN DEN WYNGAERT ELIZABETH			Q-time: 00:26:55
PB (25m pool): 00:26.55 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:27.06 SB: no time			
	2 5 M	5 0 M	
PB		00:26.55	
	00:26.55		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:17, starttime: 09:40
Heat: 17/18 Lane : 1 Athlete: KELDERMAN FRAN			Q-time: 00:28:20
PB (25m pool): 00:27.99 Hoogstraten 28/09/2025 PB (50m pool): 00:28.41 SB: 00:27.99 Hoogstraten 28/09/2025			
	2 5 M	5 0 M	
PB		00:27.99	
	00:27.99		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:17, starttime: 09:40
Heat: 17/18 Lane : 5 Athlete: METZEMAKERS LÃ©A			Q-time: 00:26:48
PB (25m pool): 00:26.48 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 00:26.76 SB: no time			
	2 5 M	5 0 M	
PB		00:26.48	
	00:26.48		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:18, starttime: 09:40
Heat: 18/18 Lane : 8 Athlete: BROECKAERT NOA			Q-time: 00:28:25
PB (25m pool): 00:28.25 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:28.25 SB: no time			
	2 5 M	5 0 M	
PB		00:28.25	
	00:28.25		
			

Coach feedback:

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Event number: 4: 50M FREESTYLE MEN 11-17			Heat:13, starttime: 09:54
Heat: 13/16 Lane : 3 Athlete: KERSTENS BAVO			Q-time: 00:27:51
PB (25m pool): 00:27.04 Hoogstraten 28/09/2025			PB (50m pool): 00:29.78 SB: 00:27.04 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:27.04	
	00:27.04		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:16, starttime: 09:57
Heat: 16/16 Lane : 0 Athlete: GORIS RUBEN			Q-time: 00:26:87
PB (25m pool): 00:26.87 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:27.10 SB: no time
	2 5 M	5 0 M	
PB		00:26.87	
	00:26.87		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:11, starttime: 10:09
Heat: 11/12 Lane : 5 Athlete: VAN DEN WYNGAERT ELIZABETH			Q-time: 00:29:36
PB (25m pool): 00:29.36 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:29.45 SB: 00:29.55 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:29.36	
	00:29.36		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:12, starttime: 10:10
Heat: 12/12 Lane : 6 Athlete: BROECKAERT NOA			Q-time: 00:30:07
PB (25m pool): 00:30.07 Sint-Amandsberg 27/10/2024			PB (50m pool): 00:29.80 SB: 00:30.16 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:30.07	
	00:30.07		
			

Coach feedback:

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Event number: 6: 50M BUTTERFLY MEN 11-17			Heat:8, starttime: 10:19
Heat: 8/10 Lane : 7 Athlete: GORIS RUBEN			Q-time: 00:29:48
PB (25m pool): 00:29.48 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:29.06 SB: no time			
	2 5 M	5 0 M	
PB		00:29.48	
	00:29.48		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:6, starttime: 10:28
Heat: 6/13 Lane : 6 Athlete: CROISIAU MARIE-LISE			Q-time: 00:38:60
PB (25m pool): 00:38.60 Mol 20/10/2024 PB (50m pool): 00:40.50 SB: no time			
	2 5 M	5 0 M	
PB		00:38.60	
	00:38.60		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:11, starttime: 10:33
Heat: 11/13 Lane : 1 Athlete: BROECKAERT NOA			Q-time: 00:32:86
PB (25m pool): 00:32.86 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:32.67 SB: no time			
	2 5 M	5 0 M	
PB		00:32.86	
	00:32.86		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:13, starttime: 10:35
Heat: 13/13 Lane : 3 Athlete: KELDERMAN FRAN			Q-time: 00:31:37
PB (25m pool): 00:31.37 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:31.82 SB: no time			
	2 5 M	5 0 M	
PB		00:31.37	
	00:31.37		
			

Coach feedback:

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Event number: 7: 50M BACKSTROKE WOMEN 11-17						Heat:13, starttime: 10:35	
Heat: 13/13 Lane : 5 Athlete: VAN DEN WYNGAERT ELIZABETH						Q-time: 00:30:80	
PB (25m pool): 00:30.80 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:31.16 SB: no time							
	2 5 M	5 0 M					
PB		00:30.80					
	00:30.80						
							

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11-17							Heat:9, starttime: 10:46	
Heat: 9/10 Lane : 4 Athlete: GORIS RUBEN							Q-time: 00:28:51	
PB (25m pool): 00:28.51 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:29.13 SB: no time								
	2 5 M		5 0 M					
PB			00:28.51					
	00:28.51							
								

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11-17						Heat:10, starttime: 10:47	
Heat: 10/10 Lane : 2 Athlete: KERSTENS BAVO						Q-time: 00:30:94	
PB (25m pool): 00:30.94 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:41.79 SB: no time							
	2 5 M	5 0 M					
PB		00:30.94					
	00:30.94						
							

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:8, starttime: 11:35	
Heat: 8/10 Lane : 9 Athlete: VAN DEN BOSCH ELISE							Q-time: 05:01:51	
PB (25m pool): 05:01.51 Kapellen 01/06/2025							PB (50m pool): 05:07.03SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:13.28		no time		02:31.33
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:01.51
								

Coach feedback:

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Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:9, starttime: 11:40	
Heat: 9/10 Lane : 4 Athlete: KELDERMAN FRAN							Q-time: 04:43:00	
PB (25m pool): 04:43.00 Kapellen 22/12/2024				PB (50m pool): 04:54.20 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:07.87		no time		02:20.33
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:43.00
								

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:10, starttime: 11:45	
Heat: 10/10 Lane : 3 Athlete: METZEMAKERS LÃ©A							Q-time: 04:24:75	
PB (25m pool): 04:24.75 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 04:29.76 SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:30.19		01:03.24		01:37.10		02:11.28
	00:30.19		00:33.05		00:33.86		00:34.18	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:44.34		03:17.80		03:51.69		04:24.75
	00:33.06		00:33.46		00:33.89		00:33.06	
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:10, starttime: 12:47	
Heat: 10/10 Lane : 2 Athlete: OTTEVAERE ALEXANDER							Q-time: 04:23:70	
PB (25m pool): 04:23.70 Sinbad 22/07/2025				PB (50m pool): 04:35.80SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:29.27		01:01.38		no time		02:07.93
	00:29.27		00:32.11					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:23.70
								

Coach feedback: